



Minnesota Hiking Club Trails

She Ascends MN Central will take you to 10 Minnesota state parks. We will hike through woods and prairies, find wildflowers, Experience an urban State Park and connect with amazing women from all over Minnesota. You can purchase a Hiking Club log book online if you want to track your miles and collect codes, or you can simply come and hike to enjoy the amazing state parks in MN.

[Find out more about the MN State Parks Hiking Club HERE](#)

JANUARY

Central: Hiking Club Hike on January 28 at 1 pm. @ Lake Carlos State Park - 2601 County Rd 38 NE, Carlos, MN 56319.

Hiking Guide(s): [Brianna Larison](#)

Register: [Snowshoe Lake Carlos](#)

Hiking Level



Estimated Time: 2hr.

Miles: 3

FEBRUARY

Central: Hiking Club Hike on February 2, @ 10 am in [HCT Lake Maria](#).

Hiking Guide(s): [Rebecca Bastien](#)

Register: [HCT Lake Maria](#)

Hiking Level



Estimated Time: 1hr.

Miles: 1.8

MARCH

Central: Hiking Club Hike on March 4, @ 10 am in Sibley State Park, 800 Sibley Park Rd NE, New London, MN 56273.

Hiking Guide(s): [Jamie Broll](#)

Register: [Sibley State Park](#)

Hiking Level



Estimated Time: 2hrs

Miles: 3.3

APRIL

Central: Hiking Club Trail on April 14 in Fort Ridgely State Park 72158 Co Rd 30, Fairfax, MN 55332

Hiking Guide(s): [Noelle Meyer](#)

Register: [Fort Ridgely](#)

Hiking Level



Estimated Time: 1hr.

Miles: 1.3

Central: Hiking Club Hike on April 14 @ Time TBD in Carley State Park - 50366 Wabasha County Rd 4, Plainview, MN 55964.

Hiking Guide(s): [Jess Eggert](#) and [M.E. Heald](#).

Register: [Carley State Park](#)

Hiking Level



Estimated Time: 2.5

Miles: 4.5

MAY

Central: Hiking Club Hike on May 25@ Time TBD in Forestville Mystery Cave State 21071 County Rd 118, Preston, MN 55965.

Hiking Guide(s): [Jess Eggert](#) and [M.E. Heald](#).

Register: [Forestville Mystery Cave State](#)

Hiking Level



Estimated Time: 4

Miles: 6+